

## *Title in Palatino 22 point italics and Title Case*

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*Abstract of 150 to 250 words. Indented and in Garamond 11 point italics. Abstract of 150 to 250 words. Indented and in Garamond 11 point italics. Abstract of 150 to 250 words. Indented and in Garamond 11 point italics.*

### **Heading Level 1 – Garamond 13 Point, Bold, Centred and Title Case**

Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs. Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs.

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Footnotes. Garamond, 10 point, fully justified.<sup>1</sup>

Block quotes in Garamond 10 point, indented 1.25 cm from left and right. Fully justified. Quotes in Garamond 10 point, indented 1.25 cm from left and right. Fully justified. Quotes in Garamond 10 point, indented 1.25 cm cm from left and right. Fully justified. Quotes in Garamond 10 point, indented 1.25 cm cm from left and right. Fully justified.

Two blank lines before subsequent Level one headings. Two blank lines before subsequent Level one headings. Two blank lines before subsequent Level one headings.

### **Heading Level 1 Should be Preceded by Two Blank Lines**

One blank line after Level 1 headings. One blank line before and after Level 2 headings. One blank line after Level 1 headings. One blank line before and after Level 2 headings. One blank line after Level 1 headings. One blank line before and after Level 2 headings.

Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs. Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs

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<sup>1</sup> Footnotes. Garamond, 10 point, fully justified.

***Heading Level 2, Garamond 12 Point, Bold, Italics, Left Justified and Title Case***

One line before and after Level 1 headings and Level 2 headings. One line before and after Level 1 headings and Level 2 headings. One line before and after Level 1 headings and Level 2 headings.

Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs. Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs

**Heading Level 3, Garamond 11 Point, Left Justified and Title Case**

One line before and after Level 1 headings and Level 2 headings and Level 3 headings. One line before and after Level 1 headings and Level 2 headings and Level 3 headings. One line before and after Level 1 headings and Level 2 headings and Level 3 headings.

Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs. Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs

Centre any diagrams, tables or figures

Figure 1: Figures and tables should have a caption immediately below them using Garamond, 10 point.

Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs. Body Text. Garamond, 11 Point fully justified. First line should be in indented 1 cm EXCEPT in paragraph following a header. No gap between paragraphs

**Acknowledgments**

Leave blank until submission accepted.

**References**

References should be provided in alphabetical order in Garamond 11 point, indented 1 cm and fully justified. Referencing should follow APA style. Authors citing themselves should simply indicate Author, YEAR.

**About the Author/s**

Leave blank until submission accepted.